



## Paleo Pan-Fried Lamb Sweetbreads

**Active Time:** 15 minutes | **Total Time:** 25 minutes | **Serves:** 4

### Nutrition Information Per Serving

497.5 calories, 0 g carbohydrate, 0 g fiber, 0 g NET carbs, 36.47 g protein, 38.08 g fat

### Ingredients

- 1 1/2 ounce(s) Epic Sea Salt and Pepper Pork Rinds
- 4 ounce(s) pastured lamb sweetbreads (thymus)
- 1 1/2 Tbsp(s) Beef Tallow

### Preparation

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