

Chocolate-Covered Nutbutter Patties

Active Time: 30 minutes | Total Time: 1.5 hours | Serves: 30

Nutrition Information Per Serving

118.6 calories, 10.56 g carbohydrate, 4 g fiber, 2.16 g NET carbs, 3.02 g protein, 10.61 g fat

Ingredients

- 1/10 cup(s) Miracle Mix
- 1/4 Tbsp(s) Keto Sweet
- 1/3 ounce(s) Lily's Dark Chocolate Chips
- 2/5 Tbsp(s) Maranatha Organic Raw Almond Butter-No Salt (Creamy)
- 1/10 large(s) pastured eggs
- 1/8 Tbsp(s) virgin coconut oil, melted
- 1/10 tsp(s) vanilla extract

Preparation

- 1. Preheat oven to 350 degrees F.
- 2. In a medium bowl, combine Miracle Mix, Keto Sweet and 2 Tbsp. melted coconut oil. Mix until well combined.
- 3. Roll dough between two pieces of parchment paper to ¼ inch thick. Chill dough in freezer for 15 minutes.
- 4. Using a 2-inch cookie cutter, cut out dough. Gently press an indentation into the center of each cookie. Transfer to oven and bake 8 minutes, or just until golden. Let cookies cool completely.
- 5. Top each cookie with one teaspoon of nut or sunflower seed butter, spreading over the top of the cookie. Transfer to freezer for 20 minutes.
- 6. Meanwhile, melt chocolate over very low heat in a double boiler. If you choose to melt chocolate in microwave, melt in 20 second increments, stirring after each. Stir in vanilla extract and 2 Tbsp. melted coconut oil.
- 7. Dip chilled cookies into melted chocolate and place on a parchment-lined baking sheet. Transfer dipped cookies to freezer to set for 15 minutes. Dip the cookies a second time in the melted chocolate. Return to parchment paper and chill again in the freezer.
- 8. Store in an airtight container in the refrigerator.

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